Cybersecurity and Forensic Challenges - A Bibliographic Review

Reiner Creutzburg

Technische Hochschule Brandenburg, Department of Informatics and Media, IT- and Media Forensics Lab., P.O.Box 2132, D-14737 Brandenburg, Germany

Email: creutzburg@th-brandenburg.de

Abstract

The aim of this paper is to give a bibliographic review of the growing number of different Cybersecurity and Forensic Challenges for educational and vocational training purposes. Special attention is given to the hacking lab, which enables effective training in cybersecurity and computer forensics in the university environment and in vocational education and training.

Introduction

Nowadays, small- and medium-sized enterprises (SME) have to deal more and more with the issue of IT security. Due to the ever-growing popularity of mobile devices, but also by the general acceptance of IT technology in everyday life, new security threats to corporate data occur every day [1-13].

Due to different terms and conditions within a company, there is no single security solution to counter all different threats.

In addition, dependent on the experience of the administrators, devices and services may be misconfigured and thus open security vulnerabilities.

Companies can protect themselves against such risks by assessing using penetration testing to get an accurate analysis of the threats and develop individual security concepts. However, there are two major challenges. How can companies be aware of the importance of security inspections? How can a check be offered so inexpensive that even in the face of SMEs regular checks are made possible?

One solution is to completely automate the vulnerability and penetration tests and to reduce the necessary oral audits to an essential minimum. With this approach, security audits could be carried out efficiently and with reduced effort and businesses are encouraged to perform these important checks regularly.

Introduction - Virtual University and Blended Learning

Nowadays, traditional educational institutions, such as public schools, colleges and universities and business organizations, use more and more the possibilities of electronic on-line training, the so-called "e-Learning" [4]. Due to the growing worldwide development of information, communication and computer technologies one can observe more and more acceptance of this kind of training opportunities in our society [1],[3],[7-21]. Not only is the global network of computers over the Internet and the versatility of digital media and products involved in the rise, but also the changing social conditions. Multimedia learning environments are independent of space and time (see figures 1-5). Thus, learners can decide flexibly despite their private, social and

professional obligations on their learning processes. One can increasingly observe that colleges and universities more and more have to adjust to this present generation of students and respond by increasing the flexibility of the courses. For this reason, online degree programs, or suitable combinations of classroom and online studies (blended learning) are increasingly offered. It is well-known that man learns about 80% of its knowledge and skills by informal learning compared to learning from formal learning. Unfortunately, often this fact is not taken into account by planners and decision-makers from school, university and companies. A well-known example is the now already for 10 years successfully operating "Virtuelle Fachhochschule (Virtual University)", an association of 10 established Universities of Applied Sciences in Germany and Switzerland [2]. A special feature applies to new students, who often have to start and face various "entry level" difficulties in a higher education experience. This can have various causes (e.g. of a longer working period after high school, army and civilian activities, family situation, social status, career changers, migration background, additional employment to earn money while studying, lack of student loan assistance, etc.).

In order to help these students and to ease the entry to facilitate study and the associated intensive teaching and learning process, the following two projects were carried out [1].

Virtual Tutorials

In this project not already well-known facts about online teaching should be explored, but rather are demonstrated, as additional virtual online tutorials are successfully introduced into the undergraduate course Algorithms and Data Structures of the Department of Informatics and Media of Applied Sciences Brandenburg in order to give the opportunity to all students to better understand the educational content of this course through a variety of complementary tools to deepen their knowledge and practice with exercises. Nowadays there is a variety of virtual learning spaces, such as Adobe Connect, TeamViewer or iLinc [5]. The University of Applied Sciences Brandenburg uses mainly the iLinc software offered by the company netucate systems GmbH [3]. This tool offers a number of opportunities to use learning materials and to interact with the students. The network performance and stability clearly showed that the use of virtual learning spaces of Netucate with the iLinc software for online virtual tutorials is well suited and the performance is very good. The netucate system allows the effective use of whiteboards, application sharing, integrated browser and other features. We have introduced in the undergraduate course on Algorithms and Data Structures a combination of classroom study and e-learning as a typical blended learning scenario. It is important to mention here that the online tutorial will not replace your presence time in the university, but an additional structural support to individual learning processes. It allows students great flexibility, regardless of time and place they can deepen their thematic knowledge and their priorities. Additionally, several Wikipedia books on specific topics on Algorithms and Data Structures were created and corresponding annotated link lists for multimedia animations were added in the course site of the Moodle server (see Chapter 3).

Additionally, for the digital recording of handwriting in the virtual learning space, a novel Bluetooth pen of the company Papershow [6] was available. This pen enables a vibrant design of presentations, as handwritten notes, sketches or drawings are transmitted in real time and significantly "softer, smoother and more fluid handwriting" on the monitor screen in the virtual learning space and works much better than conventional graphics tablets (digitizers, pen tablets) for writing. In addition, all tutorials are recorded and made available free to all students at any time. Despite progressive developments in the electronic communications students always should feel that the teacher is present during the entire virtual lecture and are accessible through interaction.

Creation of a Multimedia Repository

As part of this project, several multimedia repositories were made on the individual topics of Algorithms and Data Structures and made available to students online. These multimedia repositories consist of both new and custom-made Wikipedia books, Wikipedia links and on the other hand, of annotated list of links to selected interesting multimedia elements on the web. Wikipedia books have the advantage that they allow a skillful selection of available Wikipedia article in the Internet in a clever saved form in a book structure, without copyright restrictions. These Wikipedia books are available at any time, are easily accessible, and can be updated on the web easily by recompiling (since the basic structure is stored by the teacher at the Wikipedia website).

Mobile Apps

Evaluation

It is well-known that everyone learns differently. One can make a division into the following four types of learning by Vester [17], who addressed that the learning effectiveness can be increased by proper perception of each channel (optical / visual, auditory, tactile, cognitive). The project described here supports especially the case, the perception of visual / visual and auditory learning styles and supplemented by the Wikipedia books and annotated Internet link lists the collection of material for the classical theory in didactic teaching. In particular, this collection of animations on various topics (as for example searching, sorting, pattern recognition, tree and graph algorithms) found the students' interest and increased significantly the motivation for further study of the course material. The project of virtual tutorial was evaluated for the time of December 2012 until August 2013. The success was clearly measurable. A detailed review of the study results based on the rating lists on the subject Algorithms and Data Structures for the last 2 years in the tests and repeated tests yielded the following results: The failure rate in the tests was in the academic year 2012/2013 has reduced to 10,2The overall average of the examination mark in all three undergradu-

ate programs in Computer Science, Medical Informatics, and Applied Computer Science (ACS) has been slightly improved from 2.9 to 2.6. The average grade of foreign students and students with an immigrant background significantly improved from 3.3 to 2.8. Particularly noteworthy is the improvement of the examination results of female students in this group by more than one grade from 3.4 to 2.2, which was apparently caused by the use of a female student as a tutor that had an extremely positive impact on the working atmosphere within the tutorials and virtual tutorials. Conducted evaluation of the course based on the evaluation forms of this form of learning revealed an overall rating of 1.7. Through the creation of lists of links, and appropriate integration of multimedia repository into Moodle pages FH Brandenburg and the Virtual High School, the sustainability of the project is saved. Therefore the project can "live" forever and must be kept up to date only with minimal effort from the teachers themselves. It is important to mention that it does not create any further costs. Since the developed learning content is based on Wikipedia or free Internet content, now and in the future basically no copyright issues will arise [1].

Summary

In this paper we have described our experiences by using virtual tutorials, Wikipedia books and multimedia-based teaching in a course on Algorithms and Data Structures. We describe our work, the benefits and success we gained from using virtual tutorials held in Netucate iLinc sessions and the use of various multimedia and animation elements for the support of deeper understanding of the ordinary lectures held in the standard classroom on Algorithms and Data Structures for undergraduate computer sciences students. The advantage of the use of Wikipedia books to support the blended learning process using modern mobile devices is clearly documented. Finally, some first statistical measures of improved student's scores after introducing this new form of teaching support are documented.

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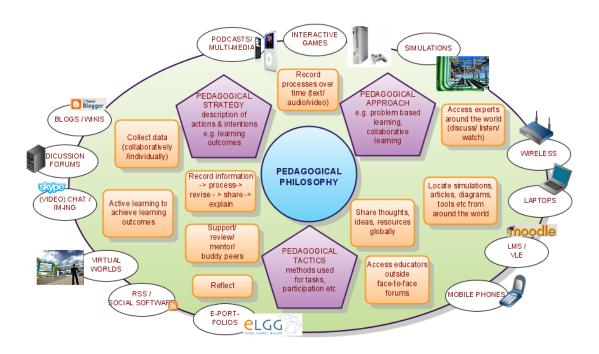


Figure 1. Illustration of pedagogical philosophy concepts [??]

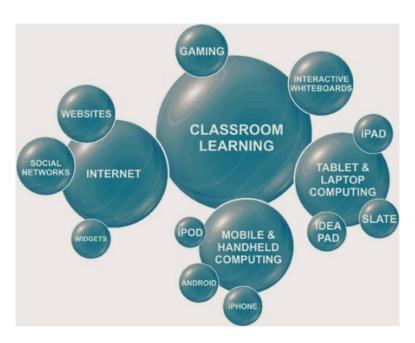


Figure 2. Platforms of blended learning and 21st Century Learning [??]

Possible Learning Activities for an Online Course

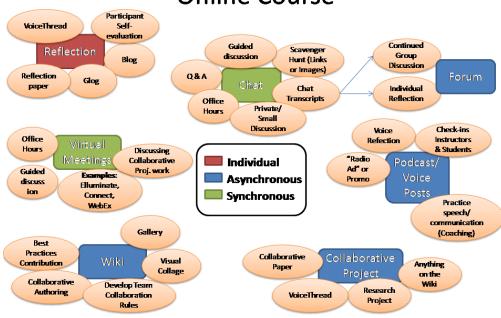


Figure 3. Illustration of possible learning activities for an online course [??]

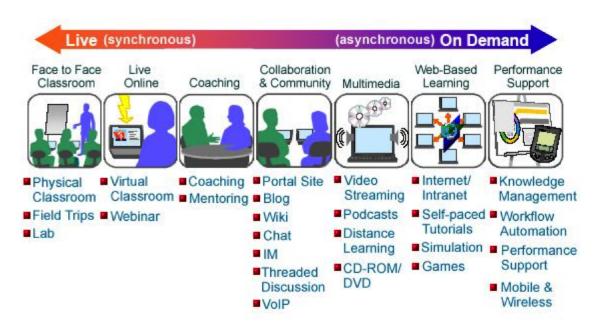


Figure 4. Variety of E-Learning instructional methods and activities [??]

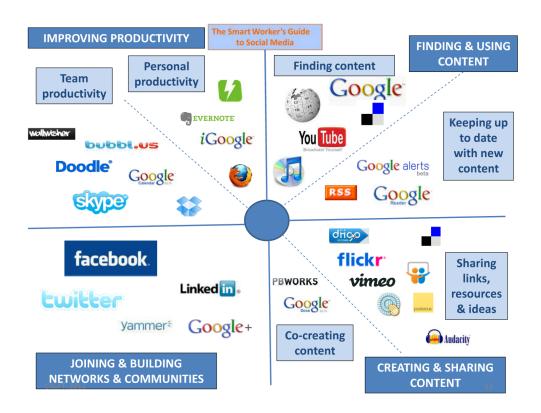


Figure 5. Components in modern social learning [??]

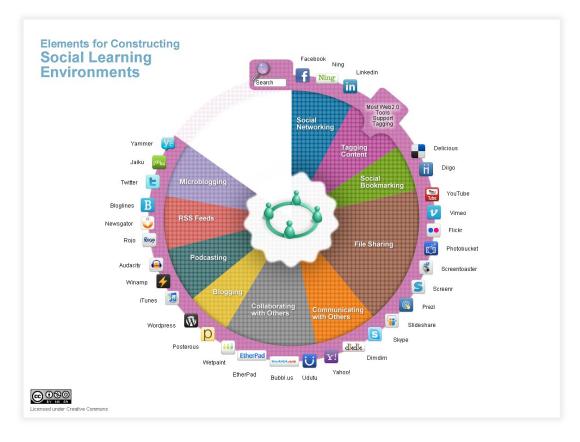


Figure 6. Elements-for-constructing-social-learning-environments.

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| Site name | URL | Description |
|-----------------------------------------|------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| natch competition | URL | bbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbb |
| | | |
| Arizona Cyber Warfare | URL | The ranges offer an excellent platform for you to learn computer network |
| Range | | attack (CNA), computer network defense (CND), and digital forensics |
| | | (DF). You can play any of these roles. |
| Avatao | URL | More than 350 hands-on challenges (free and paid) to master IT security |
| | | and it's growing day by day. |
| Bodgelt Store | URL | The Bodgelt Store is a vulnerable web application which is currently |
| | | aimed at people who are new to pen testing. |
| Bright Shadows | URL | Training in Programming, JavaScript, PHP, Java, Steganography, and |
| 9 1 2 33 2 | | Cryptography (among others). |
| bWAPP | URL | bWAPP, or a buggy web application, is a free and open source deliber- |
| | | ately insecure web application. |
| Cyber Degrees | URL | Free online cyber security Massive Open Online Courses (MOOCS). |
| Commix testbed | URL | A collection of web pages, vulnerable to command injection flaws. |
| CryptOMG | URL | CryptOMG is a configurable CTF style test bed that highlights common |
| .,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | 0 | flaws in cryptographic implementations. |
| Cyber Security Base | URL | Cyber Security Base is a page with free courses by the University of |
| | | Helsinki in collaboration with F-Secure |
| Cybersecuritychallenge UK | URL | Helsinki in collaboration with F-Secure. Cyber Security Challenge UK runs a series of competitions designed to |
| | | test your cyber security skills. |
| CyberTraining 365 | URL | Cybertraining365 has paid material but also offers free classes. The link |
| | | is directed at the free classes. |
| Cybrary.it | URL | Free and Open Source Cyber Security Learning. |
| Damn Small Vulnerable Web | URL | Damn Small Vulnerable Web (DSVW) is a deliberately vulnerable web |
| | | application written in under 100 lines of code, created for educational |
| | | purposes. It supports the majority of (most popular) web application |
| | | vulnerabilities together with appropriate attacks. |
| Damn Vulnerable Android | URL | Damn Vulnerable Android App (DVAA) is an Android application which |
| App | | contains intentional vulnerabilities. |
| Damn Vulnerable Hybrid Mo- | URL | Damn Vulnerable Hybrid Mobile App (DVHMA) is a hybrid mobile app |
| bile App | | (for Android) that intentionally contains vulnerabilities. |
| Damn Vulnerable iOS App | URL | Damn Vulnerable iOS App (DVIA) is an iOS application that is damn |
| | | vulnerable. |
| Damn Vulnerable Linux | URL | Damn Vulnerable Linux (DVL) is everything a good Linux distribu- |
| | | tion isn't. Its developers have spent hours stuffing it with broken, ill- |
| | | configured, outdated, and exploitable software that makes it vulnerable |
| | | to attacks. |
| Damn Vulnerable Router | URL | The goal of this project is to simulate a real-world environment to help |
| Firmware | | people learn about other CPU architectures outside of the <i>x</i> 86 ₆ 4 space. |
| | | This project will also help people get into discovering new things about |
| | LIDI | hardware. |
| Damn Vulnerable Stateful | URL | Short and simple vulnerable PHP web application that naive scanners |
| Web App | LIDI | found to be perfectly safe. |
| Damn Vulnerable Thick | URL | DVTA is a Vulnerable Thick Client Application developed in C sharp .NET |
| Client App | LIDI | with many vulnerabilities. |
| Damn Vulnerable Web App | URL | Damn Vulnerable Web App (DVWA) is a PHP/MySQL web application |
| | | that is damn vulnerable. Its main goals are to be an aid for security pro- fessionals to test their skills and tools in a legal environment, help web |
| | | developers better understand the processes of securing web applica- |
| | | tions and aid teachers/students to teach/learn web application security |
| | | in a classroom environment. |
| Damn Vulnerable Web Ser- | URL | Damn Vulnerable Web Services is an insecure web application with mul- |
| vices | JIL | tiple vulnerable web service components that can be used to learn real- |
| 1.000 | | world web service vulnerabilities. |
| | 1 | world web service value abilities. |

List of Cybersecurity Challenges, Part I

| Site name | URL | Description |
|-------------------------------|--------|--------------------------------------------------------------------------------------------------------------------------------------|
| Damn Vulnerable Web Sock- | URL | Damn Vulnerable Web Sockets (DVWS) is a vulnerable web application |
| ets | | which works on web sockets for client-server communication. |
| Damnvulnerable.me | URL | A deliberately vulnerable modern-day app with lots of DOM-related bugs. |
| Dareyourmind | URL | Online game, hacker challenge. |
| DIVA Android | URL | Damn Insecure and vulnerable App for Android. |
| | | |
| EnigmaGroup | URL | Safe security resource, trains in exploits listed in the OWASP Top 10 |
| | | Project and teach members the many other types of exploits that are |
| | | found in today's applications. |
| ENISA Training Material | URL | The European Union Agency for Network and Information Security |
| | | (ENISA) Cyber Security Training. You will find training materials, hand- |
| | | books for teachers, toolsets for students and Virtual Images to support |
| | | hands-on training sessions. |
| exploit.co.il | URL | Vulnerable Web app designed as a learning platform to test various SQL |
| | | injection Techniques. |
| Exploit-exercises.com | URL | exploit-exercises.com provides a variety of virtual machines, documen- |
| | | tation and challenges that can be used to learn about a variety of com- |
| | | puter security issues such as privilege escalation, vulnerability analysis, |
| | | exploit development, debugging, reverse engineering, and general cyber |
| ExploitMe Mobile | URL | security issues. Set of labs and an exploitable framework for you to hack mobile an ap- |
| Exploitivie Mobile | UNL | · |
| Game of Hacks | URL | plication on Android. This game was designed to test your application hacking skills. You will |
| Gaine of Hacks | UNL | |
| | | be presented with vulnerable pieces of code and your mission if you |
| | | choose to accept it is to find which vulnerability exists in that code as |
| GameOver | URL | quickly as possible. Project GameOver was started with the objective of training and educat- |
| GameOver | UNL | ing newbies about the basics of web security and educate them about |
| | | |
| Gh0stlab | URL | the common web attacks and help them understand how they work. A security research network where like-minded individuals could work |
| Gilostiab | UNL | |
| GoatseLinux | URL | together towards the common goal of knowledge. GSL is a Vmware image you can run for penetration testing purposes. |
| | URL | Labs that cover how an application can be attacked using common web |
| Google Gruyere | UNL | security vulnerabilities, like cross-site scripting vulnerabilities (XSS) and |
| | | cross-site request forgery (XSRF). Also, you can find labs how to find, |
| | | fix, and avoid these common vulnerabilities and other bugs that have |
| | | a security impact, such as denial-of-service, information disclosure, or |
| | | remote code execution. |
| Gracefully Vulnerable Virtual | URL | Graceful's VulnVM is VM web app designed to simulate a simple eCom- |
| Machine Vallerable Virtual | OTIL | merce style website which is purposely vulnerable to a number of well |
| Widomire | | know security issues commonly seen in web applications. |
| Hack The Box | URL | Hack The Box is an online platform allowing you to test your penetration |
| Flack The Box | OTTE | testing skills and exchange ideas and methodologies with other mem- |
| | | bers of similar interests. In order to join you should solve an entry-level |
| | | challenge. |
| Hack This Site | URL | More than just another hacker wargames site, Hack This Site is a living, |
| THE ONE | J. (L | breathing community with many active projects in development, with a |
| | | vast selection of hacking articles and a huge forum where users can |
| | | discuss hacking, network security, and just about everything. |
| Hack Yourself First | URL | This course is designed to help web developers on all frameworks iden- |
| . Idok Todioon I iiot | J. I.L | tify risks in their own websites before attackers do and it uses this site |
| | | extensively to demonstrate risks. |
| | 1 | extensively to demonstrate notes. |

List of Cybersecurity Challenges, Part II

| Site name | URL | Description |
|--------------------------------------------------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hack.me | URL | Hack.me aims to be the largest collection of "runnable" vulnerable web applications, code samples and CMS's online. The platform is available without any restriction to any party interested in Web Application Security. |
| Hackademic | URL | Offers realistic scenarios full of known vulnerabilities (especially, of course, the OWASP Top Ten) for those trying to practice their attack skills. |
| Hackazon | URL | A modern vulnerable web app. |
| Hackertest.net | URL | HackerTest.net is your own online hacker simulation with 20 levels. |
| Hacking-Lab | URL | Hacking-Lab is an online ethical hacking, computer network and security challenge platform, dedicated to finding and educating cyber security talents. Furthermore, Hacking-Lab is providing the CTF and mission style challenges for the European Cyber Security Challenge with Austria, Germany, Switzerland, UK, Spain, Romania and provides free OWASP TOP 10 online security labs. |
| HackSys Extreme Vulnera- ble Driver | URL | HackSys Extreme Vulnerable Driver is intentionally vulnerable Windows driver developed for security enthusiasts to learn and polish their exploitation skills at Kernel level. |
| HackThis!! | URL | Test your skills with more than 50 hacking levels, covering all aspects of security. |
| Hackxor | URL | Hackxor is a web app hacking game where players must locate and exploit vulnerabilities to progress through the story. Think WebGoat but with a plot and a focus on realism and difficulty. Contains XSS, CSRF, SQLi, ReDoS, DOR, command injection, etc. |
| Halls of Valhalla | URL | Challenges you can solve. Valhalla is a place for sharing knowledge and ideas. Users can submit code, as well as science, technology, and engineering-oriented news and articles. |
| Hax.Tor | URL | Provides numerous interesting "hacking" challenges to the user. |
| Hellbound Hackers | URL | Learn a hands-on approach to computer security. Learn how hackers break in, and how to keep them out. |
| Holynix | URL | Holynix is a Linux VMware image that was deliberately built to have security holes for the purposes of penetration testing. |
| HSCTF3 | URL | is an international online hacking competition designed to educate high schoolers in computer science. |
| Information Assurance Support Environment (IASE) | URL | Great site with Cybersecurity Awareness Training, Cybersecurity Training for IT Managers, Cybersecurity Training for Cybersecurity Professionals, Cybersecurity Technical Training, NetOps Training, Cyber Law Awareness, and FSO Tools Training available online. |
| InfoSec Institute | URL | Free CISSP Training course. |
| ISC2 Center for Cyber Safety and Education | URL | Site to empower students, teachers, and whole communities to secure their online life through cyber security education and awareness with the Safe and Secure Online educational program; information security scholarships; and industry and consumer research. |
| Java Vulnerable Lab | URL | Vulnerable Java based Web Application. |
| Juice Shop | URL | OWASP Juice Shop is an intentionally insecure web app for security training written entirely in Javascript which encompasses the entire OWASP Top Ten and other severe security flaws. |
| Kioptrix VM | URL | This vulnerable machine is a good starting point for beginners. |
| LAMPSecurity Training | URL | LAMPSecurity training is designed to be a series of vulnerable virtual machine images along with complementary documentation designed to teach Linux, apache, PHP, MySQL security. |
| Magical Code Injection Rainbow | URL | The Magical Code Injection Rainbow! MCIR is a framework for building configurable vulnerability testbeds. MCIR is also a collection of configurable vulnerability testbeds. |

List of Cybersecurity Challenges, Part III

| Site name | URL | Description |
|-------------------------------|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| McAfee HacMe Sites | URL | Search the page for HacMe and you'll find a suite of learning tools. |
| Metasploit Unleashed | URL | Free Ethical Hacking Course. |
| Metasploitable 3 | URL | Metasploitable3 is a VM that is built from the ground up with a large |
| • | | number of security vulnerabilities. |
| Microcorruption CTF | URL | Challenge: given a debugger and a device, find an input that unlocks it. |
| | | Solve the level with that input. |
| Morning Catch | URL | Morning Catch is a VMware virtual machine, similar to Metasploitable, |
| Morring Gaton | 0112 | to demonstrate and teach about targeted client-side attacks and post- |
| | | exploitation. |
| Moth | URL | Moth is a VMware image with a set of vulnerable Web Applications and |
| MOUT | OTIL | scripts. |
| Mutillidae | URL | OWASP Mutillidae II is a free, open source, deliberately vulnerable web |
| Mutilidae | UNL | |
| 14 | LIBI | application providing a target for web-security enthusiast. |
| MysteryTwister C3 | URL | MysteryTwister C3 lets you solve crypto challenges, starting from the |
| | | simple Caesar cipher all the way to modern AES, they have challenges |
| | | for everyone. |
| National Institutes of Health | URL | Short courses on Information Security and Privacy Awareness. They |
| (NIH) | LIDI | have a section for executives, managers and IT Administrators as well. OpenSecurityTraining.info is dedicated to sharing training material for |
| OpenSecurityTraining.info | URL | |
| | | computer security classes, on any topic, that are at least one day long. |
| Overthewire | URL | The wargames offered by the OverTheWire community can help you to |
| | | learn and practice security concepts in the form of fun-filled games. |
| OWASP Broken Web Appli- | URL | OWASP Broken Web Applications Project is a collection of vulnerable |
| cations Project | | web applications that is distributed on a Virtual Machine. |
| OWASP GoatDroid | URL | OWASP GoatDroid is a fully functional and self-contained training envi- |
| | | ronment for educating developers and testers on Android security. Goat- |
| | | Droid requires minimal dependencies and is ideal for both Android be- |
| | | ginners as well as more advanced users. |
| OWASP iGoat | URL | iGoat is a learning tool for iOS developers (iPhone, iPad, etc.). |
| OWASP Mutillidae II | URL | OWASP Mutillidae II is a free, open source, deliberately vulnerable web- |
| OVAGI Matillidae II | OTIL | application providing a target for web-security enthusiast. |
| OWACD Conview Chamband | URL | |
| OWASP Security Shepherd | UNL | The OWASP Security Shepherd project is a web and mobile application |
| 014/4 0 D 0': 0 | LIDI | security training platform. |
| OWASP SiteGenerator | URL | OWASP SiteGenerator allows the creating of dynamic websites based |
| | | on XML files and predefined vulnerabilities (some simple, some com- |
| | | plex) covering .Net languages and web development architectures (for |
| | | example, navigation: Html, Javascript, Flash, Java, etc). |
| Pentest.Training | URL | Pentest.Training offers a fully functioning penetration testing lab which |
| | | is ever increasing in size, complexity and diversity. The lab has a fully |
| | | |
| | | functioning Windows domain with various Windows OS's. There is also |
| | | |
| | | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and esca- |
| Pentesterlab | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. |
| Pentesterlab | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access |
| Pentesterlab | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access to the administration console, then in the administration console, how |
| | | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access to the administration console, then in the administration console, how you can run commands on the system. |
| Pentesterlab Pentestit.ru | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access to the administration console, then in the administration console, how you can run commands on the system. Pentestit.ru has free labs that emulate real IT infrastructures. It is cre- |
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| Pentestit.ru | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access to the administration console, then in the administration console, how you can run commands on the system. Pentestit.ru has free labs that emulate real IT infrastructures. It is created for practicing legal pen testing and improving penetration testing skills. OpenVPN is required to connect to the labs. |
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| Pentestit.ru Peruggia | URL | functioning Windows domain with various Windows OS's. There is also a selection of Boot2Root Linux machines to practice your CTF and escalation techniques and finally, pre-built web application training machines. This exercise explains how you can, from a SQL injection, gain access to the administration console, then in the administration console, how you can run commands on the system. Pentestit.ru has free labs that emulate real IT infrastructures. It is created for practicing legal pen testing and improving penetration testing skills. OpenVPN is required to connect to the labs. Peruggia is designed as a safe, legal environment to learn about and try common attacks on web applications. Peruggia looks similar to an image gallery but contains several controlled vulnerabilities to practice on. picoCTF is a computer security game targeted at middle and high school |

List of Cybersecurity Challenges, Part IV

| Site name | URL | Description |
|--------------------------|------|------------------------------------------------------------------------------------------------------------------------------------|
| Professor Messer | URL | Good free training video's, not only on Security but on CompTIA A, Net- |
| | | work and Microsoft related as well. |
| Puzzlemall | URL | PuzzleMall - A vulnerable web application for practicing session puz- |
| | | zling. |
| Pwnable.kr | URL | 'pwnable.kr' is a non-commercial wargame site which provides various |
| | | pwn challenges regarding system exploitation. while playing pwnable.kr, |
| | | you could learn/improve system hacking skills but that shouldn't be your |
| | | only purpose. |
| Pwnos | URL | PwnOS is a vulnerable by design OS and there are many ways you |
| | | can hack it. |
| Reversing.kr | URL | This site tests your ability to Cracking and Reverse Code Engineering. |
| Ringzero | URL | Challenges you can solve and gain points. |
| Risk3Sixty | URL | Free Information Security training video, an information security exami- |
| | | nation and the exam answer key. |
| Root Me | URL | Hundreds of challenges and virtual environments. Each challenge can |
| | | be associated with a multitude of solutions so you can learn. |
| RPISEC/MBE | URL | Modern Binary Exploitation Course materials. |
| RPISEC/Malware | URL | Malware Analysis Course materials. |
| SANS Cyber Aces | URL | SANS Cyber Aces Online makes available, free and online, selected |
| | | courses from the professional development curriculum offered by The |
| Scene One | URL | SANS Institute, the global leader in cyber security training. Scene One is a pen testing scenario liveCD made for a bit of fun and |
| Sectic Offic | OTIL | learning. |
| SEED Labs | URL | The SEED project has labs on Software, Network, Web, Mobile and Sys- |
| OLLD Labs | OTIL | tem security and Cryptography labs. |
| SentinelTestbed | URL | Vulnerable website. Used to test sentinel features. |
| SG6 SecGame | URL | Spanish language, vulnerable GNU/Linux systems. |
| SlaveHack | URL | My personal favorite: Slavehack is a virtual hack simulation game. Great |
| Slaver lack | OTTE | for starters, I've seen kids in elementary school playing this! |
| SlaveHack 2 BETA | URL | Slavehack 2 is a sequel to the original Slavehack. It's also a virtual hack |
| Slaver lask 2 B2 I/K | OTTE | simulation game but you will find features much closer to today's Cyber |
| | | reality. |
| Smashthestack | URL | This network hosts several different wargames, ranging in difficulty. A |
| | | wargame, in this context, is an environment that simulates software vul- |
| | | nerabilities and allows for the legal execution of exploitation techniques. |
| SocketToMe | URL | SocketToMe SocketToMe is little application for testing web sockets. |
| SQLI labs | URL | SQLI labs to test error based, Blind boolean based, Time based. |
| Sqlilabs | URL | Lab set-up for learning SQL Injection Techniques. |
| SQLz00 | URL | Try your Hacking skills against this test system. It takes you through the |
| | | exploit step-by-step. |
| Stanford SecuriBench | URL | Stanford SecuriBench is a set of open source real-life programs to be |
| | | used as a testing ground for static and dynamic security tools. Release |
| | | .91a focuses on Web-based applications written in Java. |
| The ButterFly - Security | URL | The ButterFly project is an educational environment intended to give an |
| Project | | insight into common web application and PHP vulnerabilities. The envi- |
| | | ronment also includes examples demonstrating how such vulnerabilities |
| | | are mitigated. |
| ThisIsLegal | URL | A hacker wargames site but also with much more. |
| Try2Hack | URL | Try2hack provides several security-oriented challenges for your enter- |
| | | tainment. The challenges are diverse and get progressively harder. |
| UltimateLAMP | URL | UltimateLAMP is a fully functional environment allowing you to easily try |
| | | and evaluate a number of LAMP stack software products without requir- |
| Vicnum | URL | ing any specific setup or configuration of these products. Vicnum is an OWASP project consisting of vulnerable web applications |
| VICHUITI | UNL | based on games commonly used to kill time. These applications demon- |
| | | strate common web security problems such as cross-site scripting, SQL |
| | | injections, and session management issues. |
| | | injections, and session management issues. |

List of Cybersecurity Challenges, Part V

| Site name | URL | Description |
|------------------------------------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Vulnhub | URL | An extensive collection of vulnerable VMs with user-created solutions. |
| Vulnix | URL | A vulnerable Linux host with configuration weaknesses rather than purposely vulnerable software versions. |
| Vulnserver | URL | Windows-based threaded TCP server application that is designed to be exploited. |
| W3Challs | URL | W3Challs is a penetration testing training platform, which offers various computer challenges, in categories related to security. |
| WackoPicko | URL | WackoPicko is a vulnerable web application used to test web application vulnerability scanners. |
| Web Attack and Exploitation Distro | URL | WAED is pre-configured with various real-world vulnerable web applications in a sandboxed environment. It includes pen testing tools as well. |
| Web Security Dojo | URL | Web Security Dojo is a preconfigured, stand-alone training environment for Web Application Security. |
| WebGoat | URL | WebGoat is a deliberately insecure web application maintained by OWASP designed to teach web application security lessons. You can install and practice with WebGoat. |
| Wechall | URL | Focussed on offering computer-related problems. You will find Cryptographic, Crackit, Steganography, Programming, Logic and Math/Science. The difficulty of these challenges varies as well. |
| XSS-game | URL | In this training program, you will learn to find and exploit XSS bugs. You'll use this knowledge to confuse and infuriate your adversaries by preventing such bugs from happening in your applications. |
| XVWA | URL | XVWA is a badly coded web application written in PHP/MySQL that helps security enthusiasts to learn application security. |

List of Cybersecurity Challenges, Part VI

| Site name | URL |
|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BadStore | - |
| | http://www.badstore.net/ |
| Bodgelt Store | http://code.google.com/p/bodgeit/ |
| Butterfly Security Project | http://thebutterflytmp.sourceforge.net/ |
| bWAPP | http://www.mmeit.be/bwapp/ |
| | http://sourceforge.net/projects/bwapp/files/bee-box/ |
| Commix | https://github.com/stasinopoulos/commix-testbed |
| CryptOMG | https://github.com/SpiderLabs/CryptOMG |
| Damn Vulnerable Node Ap- | https://github.com/quantumfoam/DVNA/ |
| plication (DVNA) | |
| Damn Vulnerable Web App | http://www.dvwa.co.uk/ |
| (DVWA) | |
| Damn Vulnerable Web Ser- | http://dvws.professionallyevil.com/ |
| vices (DVWS) | |
| Drunk Admin Web Hacking | https://bechtsoudis.com/work-stuff/challenges/drunk-admin-web-hacking-challenge/ |
| Challenge | g - mp |
| Exploit KB Vulnerable Web | http://exploit.co.il/projects/vuln-web-app/ |
| App | The strong of th |
| Foundstone Hackme Bank | http://www.mcafee.com/us/downloads/free-tools/hacme-bank.aspx |
| | |
| Foundstone Hackme Books Foundstone Hackme Casino | http://www.mcafee.com/us/downloads/free-tools/hacmebooks.aspx http://www.mcafee.com/us/downloads/free-tools/hacme-casino.aspx |
| Foundstone Hackme Ship- | http://www.mcafee.com/us/downloads/free-tools/hacmeshipping.aspx |
| ping | |
| Foundstone Hackme Travel | http://www.mcafee.com/us/downloads/free-tools/hacmetravel.aspx |
| GameOver | http://sourceforge.net/projects/null-gameover/ |
| hackxor | http://hackxor.sourceforge.net/cgi-bin/index.pl |
| Hackazon | https://github.com/rapid7/hackazon |
| LAMPSecurity | http://sourceforge.net/projects/lampsecurity/ |
| Moth | http://www.bonsai-sec.com/en/research/moth.php |
| | |
| NOWASP / Mutillidae 2 | http://sourceforge.net/projects/mutillidae/ |
| OWASP BWA | http://code.google.com/p/owaspbwa/ |
| OWASP Hackademic | http://hackademic1.teilar.gr/ |
| OWASP SiteGenerator | https://www.owasp.org/index.php/Owasp_SiteGenerator |
| OWASP Bricks | http://sourceforge.net/projects/owaspbricks/ |
| OWASP Security Shepherd | https://www.owasp.org/index.php/OWASP_Security_Shepherd |
| PentesterLab | https://pentesterlab.com/ |
| PHDays iBank CTF | http://blog.phdays.com/2012/05/once-again-about-remote-banking.html |
| SecuriBench | http://suif.stanford.edu/~livshits/securibench/ |
| SentinelTestbed | https://github.com/dobin/SentinelTestbed |
| SocketToMe | http://digi.ninja/projects/sockettome.php |
| sqli-labs | https://github.com/Audi-1/sqli-labs |
| MCIR (Magical Code Injec- | https://github.com/SpiderLabs/MCIR |
| tion Rainbow) | · - · |
| sqlilabs | https://github.com/himadriganguly/sqlilabs |
| VulnApp | http://www.nth-dimension.org.uk/blog.php?id=88 |
| PuzzleMall | http://code.google.com/p/puzzlemall/ |
| WAED | http://www.waed.info |
| WebGoat.NET | https://github.com/jerryhoff/WebGoat.NET/ |
| WebSecurity Dojo | http://www.mavensecurity.com/web_security_dojo/ |
| XVWA | |
| | https://github.com/s4n7h0/xvwa |
| Zap WAVE | http://code.google.com/p/zaproxy/downloads/detail?name=zap-wave-0.1.zip |

Vulnerable Web Applications

| Site name | URL |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 21LTR | http://21ltr.com/scenes/ |
| Damn Vulnerable Linux | http://sourceforge.net/projects/virtualhacking/files/os/dvl/ |
| exploit-exercises - nebula, | http://exploit-exercises.com/download |
| protostar, fusion | |
| heorot: DE-ICE, hack- erdemia | http://hackingdojo.com/downloads/iso/De-ICE_S1.100.iso |
| | http://hackingdojo.com/downloads/iso/De-ICE_S1.110.iso |
| | http://hackingdojo.com/downloads/iso/De-ICE_S1.120.iso |
| | http://hackingdojo.com/downloads/iso/De-ICE_S2.100.iso |
| | hackerdemia-http://hackingdojo.com/downloads/iso/De-ICE_S1.123.iso |
| Holynix | http://sourceforge.net/projects/holynix/files/ |
| Kioptrix | http://www.kioptrix.com/blog/ |
| LAMPSecurity | http://sourceforge.net/projects/lampsecurity/ |
| Metasploitable | http://sourceforge.net/projects/virtualhacking/files/os/metasploitable/ |
| neutronstar | http://neutronstar.org/goatselinux.html |
| PenTest Laboratory | http://pentestlab.org/lab-in-a-box/ |
| Pentester Lab | https://www.pentesterlab.com/exercises |
| pWnOS | http://www.pwnos.com/ |
| RebootUser Vulnix SecGame No. 1: | http://www.rebootuser.com/?page_id=1041 Sauron http://sg6-labs.blogspot.co.uk/2007/12/secgame-1-sauron.html |
| scriptjunkie.us | http://www.scriptjunkie.us/2012/04/the-hacker-games/ |
| UltimateLAMP | http://www.amanhardikar.com/mindmaps/practice-links.html |
| TurnKey Linux | http://www.turnkeylinux.org/ |
| Bitnami | https://bitnami.com/stacks |
| Elastic Server | http://elasticserver.com |
| OS Boxes | http://www.osboxes.org |
| VirtualBoxes | http://virtualboxes.org/images/ |
| VirtualBox Virtual Appli- | https://virtualboximages.com/ |
| ances | |
| CentOS | http://www.centos.org/ |
| Default Windows Clients | https://www.microsoft.com/en-us/evalcenter/evaluate-windows-10-enterprise |
| | https://dev.windows.com/en-us/microsoft-edge/tools/vms/ |
| Default Windows Server | https://www.microsoft.com/en-us/evalcenter/evaluate-windows-server-technical-preview |
| Default VMWare vSphere | http://www.vmware.com/products/vsphere/ |
| · | · · · · · · · · · · · · · · · · · · · |

Vulnerable Operation System Installations

| Site name | URL |
|---------------------|-----------------------------------------------------------------|
| Exploit-DB | http://www.exploit-db.com/ |
| Old Apps | http://www.oldapps.com/ |
| Old Version | http://www.oldversion.com/ |
| VirtualHacking Repo | sourceforge.net/projects/virtualhacking/files/apps%40realworld/ |

Sites for Downloading Older Versions of Various Software

| Site name | URL |
|----------------------|--------------------------------|
| Acunetix acuforum | http://testasp.vulnweb.com/ |
| Acunetix acublog | http://testaspnet.vulnweb.com/ |
| Acunetix acuart | http://testphp.vulnweb.com/ |
| Cenzic crackmebank | http://crackme.cenzic.com |
| HP freebank | http://zero.webappsecurity.com |
| IBM altoromutual | http://demo.testfire.net/ |
| Mavituna testsparker | http://aspnet.testsparker.com |
| Mavituna testsparker | http://php.testsparker.com |
| NTOSpider Test Site | http://www.webscantest.com/ |

Vulnerable Operation System Installations

| Site name | URL |
|------------------------|------------------------------------------------------|
| Embedded Security CTF | https://microcorruption.com |
| EnigmaGroup | http://www.enigmagroup.org/ |
| Escape | http://escape.alf.nu/ |
| Google Gruyere | http://google-gruyere.appspot.com/ |
| Gh0st Lab | http://www.gh0st.net/ |
| Hack This Site | http://www.hackthissite.org/ |
| HackThis | http://www.hackthis.co.uk/ |
| HackQuest | http://www.hackquest.com/ |
| Hack.me | https://hack.me |
| Hacking-Lab | https://www.hacking-lab.com |
| Hacker Challenge | http://www.dareyourmind.net/ |
| Hacker Test | http://www.hackertest.net/ |
| hACME Game | http://www.hacmegame.org/ |
| Halls Of Valhalla | http://halls-of-valhalla.org/beta/challenges |
| Hax.Tor | http://hax.tor.hu/ |
| OverTheWire | http://www.overthewire.org/wargames/ |
| PentestIT | http://www.pentestit.ru/en/ |
| CSC Play on Demand | https://pod.cybersecuritychallenge.org.uk/ |
| pwn0 RootContest | https://pwn0.com/home.php http://rootcontest.com/ |
| Root Me | http://www.root-me.org/?lang=en |
| Security Treasure Hunt | http://www.securitytreasurehunt.com/ |
| Smash The Stack | http://www.smashthestack.org/ |
| SQLZoo | http://sqlzoo.net/hack/ |
| TheBlackSheep and Erik | http://www.bright-shadows.net/ |
| ThisIsLegal | http://thisislegal.com/ |
| Try2Hack | http://www.try2hack.nl/ |
| WabLab | http://www.wablab.com/hackme |
| XSS: Can You XSS This? | http://canyouxssthis.com/HTMLSanitizer/ |
| XSS Game | https://xss-game.appspot.com/ |
| XSS: ProgPHP | http://xss.progphp.com/ |

Sites for Improving Your Hacking Skills

| Site name | URL |
|--------------------------|-------------------------------------|
| CAPTF Repo | http://captf.com/ |
| CTFtime (Details of CTF | http://ctftime.org/ctfs/ |
| Challenges) | |
| CTF write-ups repository | https://github.com/ctfs |
| Reddit CTF Announcements | http://www.reddit.com/r/securityctf |
| shell-storm Repo | http://shell-storm.org/repo/CTF/ |
| VulnHub | https://www.vulnhub.com |

Sites for Improving Your Hacking Skills

| Site name | URL |
|---------------------------|-----------------------------------------------------------------------|
| Damn Vulnerable Android | https://code.google.com/p/dvaa/ |
| App (DVAA) | |
| Damn Vulnerable FirefoxOS | https://github.com/pwnetrationguru/dvfa/ |
| Application (DVFA) | |
| Damn Vulnerable iOS App | http://damnvulnerableiosapp.com/ |
| (DVIA) | |
| ExploitMe Mobile Android | http://securitycompass.github.io/AndroidLabs/ |
| Labs | |
| ExploitMe Mobile iPhone | http://securitycompass.github.io/iPhoneLabs/ |
| Labs | |
| Hacme Bank Android | http://www.mcafee.com/us/downloads/free-tools/hacme-bank-android.aspx |
| InsecureBank | http://www.paladion.net/downloadapp.html |
| NcN Wargame | http://noconname.org/evento/wargame/ |
| OWASP iGoat | http://code.google.com/p/owasp-igoat/ |
| OWASP Goatdroid | https://github.com/jackMannino/OWASP-GoatDroid-Project |

Mobile Apps

| Site name | URL |
|--------------------|-----------------------------------------------------|
| binjitsu | https://github.com/binjitsu/binjitsu |
| CTFd | https://github.com/isislab/CTFd |
| Mellivora | https://github.com/Nakiami/mellivora |
| NightShade | https://github.com/UnrealAkama/NightShade |
| MCIR | https://github.com/SpiderLabs/MCIR |
| Docker | https://www.docker.com/ |
| Vagrant | https://www.vagrantup.com/ |
| NETinVM | http://informatica.uv.es/ carlos/docencia/netinvm/ |
| SmartOS | https://smartos.org/ |
| SmartDataCenter | https://github.com/joyent/sdc |
| vSphere Hypervisor | https://www.vmware.com/products/vsphere-hypervisor/ |
| GNS3 | http://sourceforge.net/projects/gns-3/ |
| OCCP | https://opencyberchallenge.net/ |
| XAMPP | https://www.apachefriends.org/index.html |

Lab

| Site name | URL |
|---------------|-----------------------------------------------------------------------------|
| VulnVPN | http://www.rebootuser.com/?page_id=1041 |
| VulnVoIP | http://www.rebootuser.com/?page_id=1041 |
| Vulnserver | http://www.thegreycorner.com/2010/12/introducing-vulnserver.html |
| NETinVM | http://informatica.uv.es/~carlos/docencia/netinvm/ |
| DVRF | https://github.com/praetorian-inc/DVRF |
| HackSys | Extreme Vulnerable Driver http://www.payatu.com/hacksys-extreme-vulnerable- |
| | driver/ |
| VirtuaPlant | https://github.com/jseidl/virtuaplant |
| Fosscomm | https://github.com/nikosdano/fosscomm |
| Morning Catch | http://blog.cobaltstrike.com/2014/08/06/introducing-morning-catch-a- |
| | phishing-paradise/ |
| AWBO | https://labs.snort.org/awbo/awbo.html |

Miscellaneous